

Chapel Street, Speightstown,
St. Peter
Barbados
West Indies
+246 252 7793

www.islandplatesbb.com



Cricket – Meals
Please order at- > take.app/islandplates

Menu Item	Serving size	Description	Price \$BDS
Great Catch – curry lovers (curried pastries, goat & chickpea roti, chutney, stuffed rice balls)	Single Serving	(1) curried vegetable puffs with apples and banana chutney (2) rice and saltfish balls; rice balls stuffed with a curried saltfish filling (1) roti stuffed with curried goat & chickpeas sides - mango and cabbage slaw	\$45
	Serves 2	(2) curried vegetable puffs with apples and banana chutney (4) rice and saltfish balls; rice balls stuffed with a curried saltfish filling (2) rotis stuffed with curried goat & chickpeas sides - mango and cabbage slaw	\$95
	Serves 4	(6) curried vegetable puffs with apples and banana chutney (8) rice and saltfish balls; rice balls stuffed with a curried saltfish filling (4) rotis stuffed with curried goat & chickpeas side - mango and cabbage slaw	\$200

Please alert us to any dietary requirements and or allergies.

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Menu Item	Serving size	Comments	Price \$BDS
Well, Bowled (vegetarian - chickpeas, roasted vegetables with dressing, quiche, dips & salad)	Single Serving	(1) Caribbean bowl - chick peas, squash, plantains, okras, spinach, rice with a dressing (2) sweet onion, feta and tomato quiche (mini) sweet potato and chickpea hummus - chickpeas, sweet potatoes, tahini, olive oil, lemon juice, salt and pepper. pita bread mango and cabbage slaw.	\$45
	Serves 2	(2) Caribbean bowls - chick peas, squash, plantains, okras, spinach, rice with a dressing (2) sweet onion, feta, and tomato quiche (mini) sweet potato and chickpea hummus - chickpeas, sweet potatoes, tahini, olive oil, lemon juice, salt, and pepper. pita bread mango and cabbage slaw	\$88
	Serves 4	(4) Caribbean bowls - chick peas, squash, plantains, okras, spinach, rice with a dressing (6) sweet onion, feta, and tomato quiche (mini) sweet potato and chickpea hummus - chickpeas, sweet potatoes, tahini, olive oil, lemon juice, salt and pepper. pita bread mango and cabbage slaw	\$178

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Menu Item	Serving size	Comments	Price \$BDS
The All Rounder (wings, sliders, dips & quiche)	Single Serving	(4) dry rubbed roasted curried chicken wings (pieces) with dip (1) barbecued pork sliders with cabbage & caramelised onions (1) sweet onion, feta and tomato quiche (mini) sweet potato and chickpea hummus - chickpeas, sweet potatoes, tahini, olive oil, lemon juice, salt, and pepper. pita bread	\$45
	Serves 2	(8) dry rubbed roasted curried chicken wings (pieces) with dip (2) barbecued pork sliders with cabbage & caramelised onions (2) sweet onion, feta and tomato quiche (mini) sweet potato and chickpea hummus - chickpeas, sweet potatoes, tahini, olive oil, lemon juice, salt and pepper. pita bread	\$88
	Serves 4	(8) dry rubbed roasted curried chicken wings (pieces) with dip (2) barbecued pork sliders with cabbage & caramelised onions (2) sweet onion, feta and tomato quiche (mini) sweet potato and chickpea hummus - chickpeas, sweet potatoes, tahini, olive oil, lemon juice, salt and pepper. pita bread	\$178

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Menu Item	Comments	Price \$BDS
Match Break <ul style="list-style-type: none">• (3) luxurious sandwiches• our handmade scone with preserves,• fresh fruit• dessert		
	Vegetarian	\$35
	Vegetarian (GF)	\$38
	Meat Lovers	\$40
	Meat Lovers (GF)	\$44

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